

Kenneth D Faw MD

POST OPERATIVE INSTRUCTIONS FOR EAR PATIENTS

WHAT'S NORMAL?

Popping, crackling, and other sounds are common for many weeks.
Lack of hearing improvement. The ear is filled with an antibiotic ointment which dampens the hearing for the first month. Maximum hearing improvement takes place over 4-12 months.
Bloody discharge from the ear is common for the first month.
Lightheadedness.

THINGS TO DO

Drive an automobile until your balance is back to normal.
Take pain medicines as prescribed, or Tylenol:
Take antibiotics, if prescribed:
Call the Office (425 899-3838) for your post operative appointment.
Sneeze or cough only with your mouth open
Eat a regular diet with plenty of fluids
Rest. It takes weeks for the ear to heal properly.
Call for an appointment for a postop check.

THINGS NOT TO DO

Engage in any vigorous athletic activities, such as jogging or tennis, for 1 month.
Blow your nose vigorously to pop your ear open.
Take aspirin or aspirin containing medicines, Advil, Motrin or any other NSAIDS
Fly without your doctor's clearance for 3-5 days after surgery
Clean the inside of the ear. Cleaning behind the ear is okay.
Drive a car until balance has returned to normal

Call the On Call Doctor Immediately if any of the following occur:

3. Neck stiffness or deep head pain
4. Continued Nausea or Vomiting
6. Fever over 101 degrees
7. If you experience severe pain
8. Smelly drainage from the ear.

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