

Kenneth D Faw MD

POST OPERATIVE INSTRUCTIONS FOR EAR DRUM REPAIR PATIENTS

WHAT'S NORMAL?

Popping, crackling, and other sounds are common for many weeks.

Lack of hearing improvement.

The ear is filled with an antibiotic ointment which dampens the hearing for the first month. Maximum hearing improvement takes place over 4-12 months.

Bloody discharge May happen in the first two days

Lightheadedness.

THINGS TO DO

Take Tylenol for pain

Take antibiotics, if prescribed:

Call the Office (425 899-3838) for your post operative appointment.

Sneeze or cough only with your mouth open

Eat a regular diet with plenty of fluids

Rest. It takes weeks for the ear to heal properly.

Call for an appointment for a postop check.

THINGS NOT TO DO

Blow your nose vigorously to pop your ear open.

Take aspirin or aspirin containing medicines, Advil, Motrin or any other NSAIDS

Fly without your doctor's clearance for 3-5 days after surgery

Clean the inside of the ear.

Call the On Call Doctor Immediately if any of the following occur:

1. Neck stiffness or deep head pain
2. Continued Nausea or Vomiting
3. Fever over 101 degrees
4. If you experience severe pain
5. Smelly drainage from the ear.

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